



# SUMMER CAMP

White-Oaks Bernardo Karate is offering two weeks of Summer Camp. Camp is designed for students 7 to 13. Morning sessions will be taught by Sensei Tom Roberts and will focus on skill development, new forms and improving speed, strength and overall conditioning. The afternoon sessions will allow students practice time and work on belt curriculum. It is a fun camp that includes games, arts & crafts & outdoor activities. We reinforce the same life skills and positive values that we teach in our regular karate programs. Space is limited.  
(both of last year’s summer camps were full by May).

## 2026 WHITE-OAKS SUMMER CAMP DATES:

**Week 1: JULY 6<sup>th</sup> – 10<sup>th</sup>**

**Week 2: AUGUST 10<sup>th</sup> – 14<sup>th</sup>**

Drop off – 8:30 am - 9:00 am

Camp – 9:00 am - 4:00 pm

Pick-up – 4:00 pm - 5:00 pm

Cost – \$325 +HST per week

Students bring their own lunch and snacks, karate uniform, outdoor clothing/sunscreen.

Name:		
Age:	Belt level:	Dojo/Studio:
Phone:		
Amount paid:		

Parent Signature: