

BERNARDO

KARATE & CARDIO KICKBOXING



Join me for Buddy Day!

**Use this pass to join
us on Buddy Day**

Name: _____

Age: _____

Address: _____

Phone: _____

Email: _____

☐ Please add me to your email list.

Guest of: _____

I know there is a risk of injury
in all physical activities.

Signature: _____

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Visit **bernardokarate.com** for more information.