



Oxford Karate – Class Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12:30-1:30 Open Adult/Teen Adult BBM	4:00-4:45 Open Adult/Teen	12:30-1:30 Open Adult/Teen	4:00-4:45 Open Adult/Teen	12:30-1:30 Open Adult/Teen	9:00-9:30 Little Dragons White/Yellow
4:45-5:15 Little Dragons White/Yellow	4:45-5:15 Yellow	4:45-5:15 Orange-Red-Green	4:45-5:15 Little Dragons Orange and up	4:45-5:15 Little Dragons All belts	9:30-10:00 Little Dragons Orange and up
5:15-5:45 White	5:15-5:45 Little Dragons Orange and up	5:15-5:45 Dragons White/Yellow	5:15-5:45 BBM Red-Green	5:15-6:00 Kids sparring	10:00 -10:30 White
5:45-6:15 **Green**	5:45-6:30 **Purple-Blue**	6:00-6:45 ** Jr Black Belt**	5:45-6:15 White **BBM Purple-Blue**	6:00-7:15 Tournament Team	10:30-11:00 Yellow - Orange
5:45-6:15 Yellow	5:45-6:15 White	5:45-6:15 Yellow	6:15-6:45 Yellow-Orange		11:00-11:30 Kids BBM Red-Purple
6:15-6:45 Orange-Red	6:15-6:45 Orange-Red	6:15-6:45 White	6:45-7:30 BBM Brown-Black		11:00-11:30 Kids fitness kickboxing Yellow belt and up
6:45-7:30 Purple - Jr. Black	6:45-7:30 Green, Brown-Jr.Black	6:45-7:30 Purple-Blue-Brown	7:30-8:15 Open Teen/Adult Teen/Adult sparring		11:30-12:15 Family Class
7:30-8:15 Open Teen/Adult	7:30-8:15 Brown/Black Belt	7:00-7:30 **Adult BBM**		10:30-12:00 National team Sunday	12:15-12:45 Kids BBM Adv. Blue-Black **Adult BBM**
Upstairs Dojo		7:30-8:15 Open Teen/Adult			12:45-1:30 Black Belt Grading Prep Class

Birthday Parties - Celebrate your special day with a Karate themed party! Ask staff for more information