



## Strathroy Karate – Class Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:00 - 5:30 Little Dragons	5:00 - 5:30 Little Dragons	5:00 - 5:45 Intermediate*	5:00 - 5:30 Little Dragons	5:00 - 5:45 Intermediate	
5:30 - 6:00 Novice	5:45 - 6:15 Novice	5:00 - 5:45 Competitive Weapons	5:45 - 6:15 Novice	5:00 - 5:30 Sparring Drills*	
6:00 - 6:30 Intermediate		5:45 - 6:30 Advance*		5:45 - 6:30 Advance*	
6:30 - 7:00 Advance*		5:45 - 6:30 Sparring		6:30 - 7:15 Teens	
6:30 - 7:00 Weapons*		6:30 - 7:15 Teens		7:15 - 8:00 Adults	
7:00 - 7:30 Teens		7:15 - 8:00 Adults			
7:30 - 8:00 Adults					

\*Intermediate and advance students should bring sparring equipment and bo staffs with them to class.