



Oxford Karate – Class Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12:30-1:30 Open Adult/Teen		12:30-1:30 Open Adult/Teen		12:30-1:30 Open Adult/Teen	9:00-9:30 Little Dragons White/Yellow Belt
	4:00-4:45 Open Adult/Teen		4:00-4:45 Open Adult/Teen		9:30-10:00 Little Dragon Orange Belt and up
4:45-5:15 Little Dragons White/Yellow Belt	4:45-5:15 Yellow	4:45-5:15 Orange-Red	4:45-5:15 Little Dragons Orange Belt and Up	4:45-5:15 Dragons All Belts	10:00-10:30 White
5:15-5:45 White	5:15-5:45 Little Dragons Orange Belt and up	5:15 - 5:45 Little Dragons White/Yellow Belt	5:15-5:45 BBM Red-Green	5:15-6:00 Kids Sparring	10:30-11:00 Yellow-Orange
5:15-5:45 Green Kata Class	5:15-5:45 Purple Kata Class	5:15-5:45 Jr. Brown Kata Class			
5:45-6:15 Yellow	5:45-6:15 White	5:45-6:15 Yellow	5:45-6:15 White	6:00-7:15 Tournament Team	11:00-11:30 Kids BBM Red-Purple
6:15-6:45 Orange-Red	6:15-6:45 Orange-Red	6:15-6:45 White	5:45-6:15 BBM Purple	National Team Sunday 10:30-12:00	11:00 -11:30 Kids Fitness kickboxing Yellow belt and up
6:45-7:30 Purple-Jr. Black	6:45-7:30 Green & Blue-Jr. Black	6:45-7:30 Green-Blue & Jr. Black	6:15-6:45 Yellow-Orange		11:30-12:15 pm Family Class
7:30-8:15 Open Adult/Teen	7:30-8:15 Brown/Black Belt	7:30-8:15 Open Adult/Teen	6:45-7:30 BBM Blue-Jr. Black		12:15-12:45 Kids BBM Blue-Jr. Black Adult BBM
			7:30-8:15 Open Adult/Teen & Adult/Teen Sparring		12:45-1:30 Black Belt Grading Prep Class

Birthday Parties - Celebrate your special day with a Karate themed party! Ask staff for more information