

GRAND BEND BERNARDO KARATE
FALL 2020 SCHEDULE

MONDAY	6:30 pm - 7:15 7:30 pm - 8:15	White - Adv White Adult Black Belt
TUESDAY	6:30 pm - 7:15 7:30 pm - 8:15	Yellow - Orange Red - Blue
WEDNESDAY	6:30 pm - 7:15 7:30 pm - 8:15	Kick Boxing Brown - Jr Black Belt
THURSDAY	5:30 pm - 6:15 6:30 pm - 7:15 7:30 pm - 8:15	White - Adv White Red - Blue Adult Black Belt
FRIDAY		
SATURDAY	8:30 - 9:15 9:30 - 10:00 10:15 - 11:00 11:15 - 12:00	Kick Boxing LITTLE DRAGONS Yellow - Orange Brown - Jr Black Belt

