

## 2-Day Camp

# Tournament

# Point Sparring

## Dearness School

Monday & Tuesday, Aug. 12 & 13

**Sensei Tom** will be holding a special 2 day 'sparring camp' designed for students who want to grow and enhance their sparring skills in tournament competition. This camp will be taught by Sensei Tom and includes advanced sparring drills, conditioning drills, and tournament sparring strategies.

This camp is excellent for students wanting to prepare for upcoming tournaments. It is also **ideal for Brown Belts** wanting to accelerate their training in preparation for the Black Belt endurance grading.

**Time: 8:30 - 9:00 a.m. Drop Off**  
9:00 – 2:00 p.m. Camp  
2:00 - 2:30 Pick-up

Students are required to bring their own lunch and snacks. Students should also bring their own sparring equipment.

**Camp cost: \$99 for the 2 day camp**  
*Note: HST is extra*

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Name \_\_\_\_\_

Belt Level \_\_\_\_\_ Age \_\_\_\_\_

Amount Paid \_\_\_\_\_